Leadership & Cultural Programs Request Form

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To submit: Please contact us as early as possible to request a program, at least two weeks in advance is preferred, as the sooner you submit your request, the higher the likelihood that we will be able to help you. Please, only one request per form. This form can be submitted by:

- Emailing it to minerleader@mst.edu
- Dropping it off at the Leadership & Cultural Programs office (located in the Student Involvement and Leadership Center on the 2nd Floor of the Havener Center)

We will contact you within one week of submission. Please provide as much detail as possible. Please print or type.

* A list of potential programs and their descriptions can be found on page 2. *
If you do not see your topic of interest, please feel free to contact us and we will design a program to fit your specific objectives.

Program Requested by:

Name (Last, First):	Group/Organization/Department:	Today's Date:
Email:	Telephone (include area code):	Preferred Contact:

Logistics

Day and Date of Program: 1st choice: 2nd choice:	Start and end time of Program: 1st choice: 2nd choice:
Location of Program:	
Description of Audience (e.g. gender, yr in school, RA, Staff):	Expected Attendance:
Will any of the following be provided? ☐ Projector (for computer)　　☐ TV/VCR ☐ Computer　　☐ TV/DVD ☐ Overhead Projector	☐ Tables (# of _____) ☐ Chairs (# of _____)

Program Specifics

Program/Event/Class Title & Description:
Objective(s) of program:
Title of program requested (A complete list of programs can be found on the following page)

Thank you for your request.
We appreciate your interest in our programs and services!

Leadership and Cultural Programs / 229 Havener Center / Student Involvement and Leadership Center / (573) 341-7504
lcprograms.mst.edu / minerleader@mst.edu

Leadership & Cultural Programs

Programs

Global Awareness/Cultural Competence Programs

- **Safe Space/ Ally Training**
  Increase your understanding of the Gay, Lesbian, Bi-affectionate, Transgender, Queer, Questioning, Intersex, and Ally (GLBTIQ^{2}A) community, what it means to "come out" and how to create an inclusive environment for all students, faculty, and staff. The full program takes 3 hours. We are open to delivering a portion of the program to meet your specific objectives.

- **Diversity 101**
  An introduction to why inclusion is positive and how diversity impacts our society, personal and professional success.

- **Exploring the Cultural Iceberg: Beyond Music and Food**
  Develop a greater understanding of cultural differences by looking at dimensions of culture that lie below the surface. Learn more about how your cultural experiences shape your identity while developing skills to work with individuals from various cultural backgrounds.

- **The Gift of Understanding: Unwrapping Subtle Insults and Preconceived Notions**
  An interactive discussion on what it means to hold unconscious biases and how to identify and confront microaggressions. Come discover the real meaning behind your behaviors.

- **Videogames, Movies, and the Media: The Ultimate Guide to Understanding**
  Discover how you can learn about privilege, oppression, stereotyping, and discrimination through examining videogames, movies, and the media

- **What is in the cards for you?**
  Prepare to work and interact with individuals from around the world through this fun, informative card game.

Leadership Skill Development

- **The Five Exemplary Practices of Leadership**
  Research has revealed five practices and ten behaviors that can increase leaders' effectiveness. Familiarize yourself with each of the practices and behaviors while learning how to incorporate them into your daily activities.

- **Effective Communication**
  This series of workshops can be delivered all or in part to assist you in (a) establishing a deeper meaning to interactions with others by learning how to engage in conversation and using dialogue to build relationships, (b) learning how to give and receive feedback in a productive and positive way and/or (c) effectively resolving conflicts.

- **I Am a Leader**
  Let's talk about leadership and why it is important. Join in the fun of discovering what leadership is, the key characteristics of effective leaders, what it means to be a follower, and what leadership style best fits you.

- **Marketing Your Leadership Experience**
  Learn how to articulate how you have benefited from serving as a student leader and how your leadership experience relates to attributes most sought after by employers. To take full advantage of this program, please bring a list of your leadership experiences with you.

- **Building a Winning Team**
  Learn strategies for developing and maintaining effective teams. Be prepared to engage with others as we explore the stages of team development and learn practical strategies to successfully navigate them.

- **Seven Habits of Highly Effective People**
  If you are having difficulty balancing your responsibilities this workshop is for you. Come learn how to maximize, organize and prioritize to ensure that you have time to not only accomplish what is needed but also what is desired.

- **StrengthsQuest: Harnessing Your Own Strengths and Utilizing Your Team's Talent**
  Increase your self-awareness, appreciation of others and ability to utilize your team's talents to achieve fantastic results. After taking the online Clifton StrengthsFinder assessment, you'll learn about your top 5 strengths. This workshop increases your understanding of each of the 34 strengths and the benefits of each. Executive boards, student organizations or other groups who takes the StrengthsFinder will be provided a talent map showing each member's results. (Please note: The StrengthsFinder takes approximately 30 minutes and is provided at a cost of $10, which can be paid by cash, check, or charged to a student account. Our office will help distribute access codes and print materials for all your members.)

- **Special Events Planning 101**
  Whether you are planning a program, service project, or officer retreat, learn the key steps to planning a successful event.